



Supervision and Clinical Psychology: Theory, Practice and Perspectives

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What are the developments influencing supervision in clinical psychology?

Supervision is crucial to good professional practice and an essential part of training and continuing professional development. This second edition of *Supervision and Clinical Psychology* has been fully updated to include the recent developments in research, policy and the practice of supervision.

With contributions from senior trainers and clinicians who draw on both relevant research and their own experience, this book is rooted in current best practice and provides a clear exposition of the main issues important to supervision. New areas of discussion include:

- the impact of the recent NHS policy
- developments in supervisor training
- practical aspects of supervision
- a consideration of future trends.

Supervision and Clinical Psychology, Second Edition is essential reading for clinical psychology supervisors as well as being invaluable to those who work in psychiatry, psychotherapy and social work.

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Editorial Review

Review

'This book, now in its second edition, offers an excellent introduction to the literature on clinical supervision, as well as invaluable practical advice for professionals. The authors review a comprehensive body of research into what works (and what doesn't) in clinical supervision, and give clear advice for clinical psychologists, psychiatrists, social workers, psychotherapists and others. I recommend it unreservedly.' -

Peter Kinderman, University of Liverpool, UK

"The thread running throughout the book is a focus on supervision in clinical psychology and looks at many aspects of the profession. The authors consider how clinical psychology has evolved over time, in terms of Agenda for Change, and how clinical psychology jobs and training have altered. They also provide a historical overview of how clinical psychology has evolved as a profession in the context of policy change and an evolving NHS. For the past few years IAPT has developed considerably, and the authors provide the reader with a good understanding of new directions in therapy practice within the NHS for clinical psychologists and other professionals working in the service... An invaluable resource for clinicians who provide supervision across many different types of therapeutic practice." - Rob Aston, Therapy Today, February 2012

About the Author

Ian Fleming and **Linda Steen** are joint Clinical Directors on the doctoral training programme in Clinical Psychology at the University of Manchester. Within their professional bodies they have played a leading role in the development of supervisor training which has led to the recent establishment of a register for practice supervisors.

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