



## **Clinical EFT Handbook 2: A Definitive Resource for Practitioners, Scholars, Clinicians, and Researchers. Volume 2: Integrative Medical Settings, ... Innovations in EFT (Clinical Eft Handbooks)**

*By Dawson Church, Stephanie Marohn*

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EFT (Emotional Freedom Techniques) is used by an estimated 10 million people worldwide. Yet a lack of standardization has led to a field in which dozens of forms of EFT, with varying degrees of fidelity to the original, can be found. This led to the establishment of Clinical EFT, the form of EFT taught in the original EFT Manual and associated materials, and validated in over 20 clinical trials. In this volume, the most noted scholars, researchers and clinicians in the field compile a definitive outline of the EFT protocol, as it is applied in medicine, psychiatry, psychotherapy, and life coaching. Chapters cover the clinical application of EFT to fields such as addiction treatment, sports, surgery, weight loss, social problems, and family therapy. Scientists explain the physiological mechanisms of action of EFT, as well as its sources in physics and chemistry. Researchers describe EFT's path to acceptance as an "evidence-based" practice. This handbook is essential reading for anyone wishing to understand EFT as validated in research, science, and best clinical practice.

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By Dawson Church, Stephanie Marohn Bibliography

- Sales Rank: #1138851 in Books
- Published on: 2013-09-30
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x 7.00" w x 1.00" l, .0 pounds
- Binding: Hardcover
- 300 pages

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## **Editorial Review**

### About the Author

Dawson Church, PhD, is an award-winning author whose best-selling book, *The Genie in Your Genes*, has been hailed as a breakthrough in the field of epigenetics. He has published numerous scientific papers, with a focus on the remarkable self-healing mechanisms now emerging at the intersection of emotion and gene expression. He applies these breakthroughs to health and athletic performance through EFT Universe.com, which is one of the largest alternative medicine sites on the web. He was educated at Baylor University and Holos University, where he earned his doctorate under the tuition of Harvard-trained neurosurgeon Norm Shealy, MD, PhD, with whom he co-authored *Soul Medicine: Awakening Your Inner Blueprint for Abundant Health and Energy*. He is editor emeritus of the peer-reviewed journal *Energy Psychology: Theory, Research & Treatment*, and founded the nonprofit National Institute for Integrative Healthcare to research and train practitioners in energy psychology. He works with businesses and sports teams to achieve peak performance; he no longer accepts private clients but instead refers them to the certified practitioners at EFT Universe.

## **Users Review**

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#### **Scott Fisher:**

A lot of people always spent their very own free time to vacation as well as go to the outside with them family members or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or playing video games all day long. If you want to try to find a new activity this is look different you can read a new book. It is really fun to suit your needs. If you enjoy the book you read you can spent the whole day to reading a reserve. The book Clinical EFT Handbook 2: A Definitive Resource for Practitioners, Scholars, Clinicians, and Researchers. Volume 2: Integrative Medical Settings, ... Innovations in EFT (Clinical Eft Handbooks) it is rather good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. Should you did not have enough space to develop this book you can buy the e-book. You can m0ore simply to read this book from a smart phone. The price is not too costly but this book possesses high quality.

#### **Casey Russell:**

Playing with family in a very park, coming to see the coastal world or hanging out with good friends is thing that usually you will have done when you have spare time, subsequently why you don't try factor that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love Clinical EFT Handbook 2: A Definitive Resource for Practitioners, Scholars, Clinicians, and Researchers. Volume 2: Integrative Medical Settings, ... Innovations in EFT (Clinical Eft Handbooks), you can enjoy both. It is fine combination right, you still want to miss it? What kind of hangout type is it? Oh seriously its mind hangout people. What? Still don't get it, oh come on its called reading friends.

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