



Life Reimagined: Discovering Your New Life Possibilities

By Richard J. Leider, Alan M. Webber

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Winner of the 2014 Silver Nautilus Award

Are You Ready for Your Life Reimagined Moment?

Are you at a point in your life where you're asking, "What's next?" You've finished one chapter and you have yet to write the next one. Many of us face these transitions at midlife, but they can happen at any point. It's a time full of enormous potential, and it defines a whole new phase of life. It's called Life Reimagined.

Here is your map to guide you in this new life phase. You can use the powerful practices and insights—enhanced with online tools and exercises at AARP's LifeReimagined.org website—to help you uncover your own special gifts, connect with people who can support you, and explore new directions.

You'll be inspired by meeting ordinary people who have reimagined their lives in extraordinary ways. You'll also read the stories of pioneers of the Life Reimagined movement such as Jane Pauley, James Brown, and Emilio Estefan. They show us that this journey of discovery can help us find fulfillment in surprising new places.

One of the profound truths that underlies this book is the liberating notion that each of us is "an experiment of one," free to find our own path in this new phase of our lives. No old rules, no outdated societal norms, no boundaries of convention or expectation. Let *Life Reimagined* help you discover your new life possibilities!

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Editorial Review

About the Author

Richard J. Leider is the founder and chairman of the Inventure Group. He is ranked by Forbes as one of the “Top 5” most respected executive coaches and by the Conference Board as a “legend in coaching.” He is the author or coauthor of eight books, including the bestselling *Repacking Your Bags*.

Alan M. Webber is the cofounding editor of *Fast Company* magazine and was the editorial director and managing editor of the *Harvard Business Review*. He has written for numerous publications, including the *Los Angeles Times*, the *New York Times*, and the *Washington Post*, and is the author of *Rules of Thumb*.

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