



The Inner Voice of Love: A Journey Through Anguish to Freedom

By Henri J. M. Nouwen

Download now

Read Online 

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen

This is Henri Nouwen's "secret journal." It was written during the most difficult period of his life, when he suddenly lost his self-esteem, his energy to live and work, his sense of being loved, even his hope in God. Although he experienced excruciating anguish and despair, he was still able to keep a journal in which he wrote a spiritual imperative to himself each day that emerged from his conversations with friends and supporters.

For more than eight years, Henri Nouwen felt that what he wrote was too raw and private to share with others. Instead, he published *The Return of the Prodigal Son*, in which he expressed some of the insights gained during his mental and spiritual crisis. But then friends asked him, "Why keep your anguish hidden from the many people who have been nurtured by your writing? Wouldn't it be of consolation for many to know about the fierce inner battle that lies underneath so many of your spiritual insights?"

For the countless men and women who have to live through the pain of broken relationships, or who suffer from the loss of a loved one, this book about the inner voice of love offers new courage, new hope, even new life.

 [Download The Inner Voice of Love: A Journey Through Anguish ...pdf](#)

 [Read Online The Inner Voice of Love: A Journey Through Angui ...pdf](#)

The Inner Voice of Love: A Journey Through Anguish to Freedom

By Henri J. M. Nouwen

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen

This is Henri Nouwen's "secret journal." It was written during the most difficult period of his life, when he suddenly lost his self-esteem, his energy to live and work, his sense of being loved, even his hope in God. Although he experienced excruciating anguish and despair, he was still able to keep a journal in which he wrote a spiritual imperative to himself each day that emerged from his conversations with friends and supporters.

For more than eight years, Henri Nouwen felt that what he wrote was too raw and private to share with others. Instead, he published *The Return of the Prodigal Son*, in which he expressed some of the insights gained during his mental and spiritual crisis. But then friends asked him, "Why keep your anguish hidden from the many people who have been nurtured by your writing? Wouldn't it be of consolation for many to know about the fierce inner battle that lies underneath so many of your spiritual insights?"

For the countless men and women who have to live through the pain of broken relationships, or who suffer from the loss of a loved one, this book about the inner voice of love offers new courage, new hope, even new life.

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Bibliography

- Sales Rank: #8636 in Books
- Brand: Image
- Published on: 1999-01-19
- Released on: 1999-01-19
- Original language: English
- Number of items: 1
- Dimensions: 8.40" h x .40" w x 5.70" l, .37 pounds
- Binding: Paperback
- 118 pages

 [Download The Inner Voice of Love: A Journey Through Anguish ...pdf](#)

 [Read Online The Inner Voice of Love: A Journey Through Angui ...pdf](#)

Download and Read Free Online *The Inner Voice of Love: A Journey Through Anguish to Freedom* By Henri J. M. Nouwen

Editorial Review

Amazon.com Review

The Inner Voice of Love: A Journey Through Anguish to Freedom is a collection of passages from Henri Nouwen's journals, written during a period when his self-esteem evaporated, his energy to work disappeared, and God seemed entirely unreal. This is not a book to be read straight through: each short chapter takes time to digest, because, like the following passage, each of Nouwen's thoughts has the raw complexity of real honesty:

Your body needs to be held and to hold, to be touched and to touch. None of these needs is to be despised, denied, or repressed. But you have to keep searching for your body's deeper need, the need for genuine love. Every time you are able to go beyond the body's superficial desires for love, you are bringing your body home and moving toward integration and unity.

--*Michael Joseph Gross*

From Publishers Weekly

Nouwen, Catholic priest and popular author (*The Wounded Healer*, 1972), hit a six-month spiritual and mental crisis at the end of 1987 during which he "wondered whether I would be able to hold on to my life. Everything came crashing down?my self-esteem, my energy to live and work, my sense of being loved, my hope for healing, my trust in God... everything." This book is his personal journal written during his time of anguish. For years, Nouwen felt his experience was too personal to share with the world, but on advice from friends, and in the hope that these insights would help nurture others, he published his journal entries. Although there are occasional gems here, most of these meditations are rather generic. Perhaps this generic quality may make Nouwen and his work more human to a public that has come to view him as a spiritual giant.

Copyright 1996 Reed Business Information, Inc.

From Library Journal

The late Nouwen, a popular spiritual author and Catholic priest, referred to these writings as his "secret journal," written during the darkest period of his life, from December 1987 to June 1988. He was sustained during this time of personal despair by the support of others and by the spiritual imperatives he wrote to himself, which he shares here. In these dialogs of the soul, Nouwen forges through the anguish of personal doubt with a deep sense of humility and truthfulness. His insights are grounded in the conviction that individual suffering can lead to profound healing when love of self, others, and God remain present throughout our struggling. Recommended for public and theology libraries.

Copyright 1997 Reed Business Information, Inc.

Users Review

From reader reviews:

Debbie Brown:

Do you one among people who can't read pleasurable if the sentence chained in the straightway, hold on guys this aren't like that. This *The Inner Voice of Love: A Journey Through Anguish to Freedom* book is readable simply by you who hate those straight word style. You will find the details here are arrange for

enjoyable looking at experience without leaving actually decrease the knowledge that want to offer to you. The writer connected with *The Inner Voice of Love: A Journey Through Anguish to Freedom* content conveys the thought easily to understand by a lot of people. The printed and e-book are not different in the written content but it just different as it. So , do you still thinking *The Inner Voice of Love: A Journey Through Anguish to Freedom* is not loveable to be your top collection reading book?

Kathy Natal:

The book untitled *The Inner Voice of Love: A Journey Through Anguish to Freedom* contain a lot of information on this. The writer explains her idea with easy way. The language is very straightforward all the people, so do not necessarily worry, you can easy to read it. The book was written by famous author. The author brings you in the new period of literary works. You can read this book because you can please read on your smart phone, or gadget, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site in addition to order it. Have a nice read.

Lawrence Weatherby:

You are able to spend your free time to see this book this publication. This *The Inner Voice of Love: A Journey Through Anguish to Freedom* is simple to develop you can read it in the park, in the beach, train and also soon. If you did not have got much space to bring often the printed book, you can buy the actual e-book. It is make you easier to read it. You can save often the book in your smart phone. Therefore there are a lot of benefits that you will get when you buy this book.

Charles Bryce:

That publication can make you to feel relax. This specific book *The Inner Voice of Love: A Journey Through Anguish to Freedom* was bright colored and of course has pictures on the website. As we know that book *The Inner Voice of Love: A Journey Through Anguish to Freedom* has many kinds or style. Start from kids until teenagers. For example *Naruto* or *Investigator Conan* you can read and think you are the character on there. Therefore not at all of book tend to be make you bored, any it can make you feel happy, fun and relax. Try to choose the best book for you and try to like reading that will.

**Download and Read Online *The Inner Voice of Love: A Journey Through Anguish to Freedom* By Henri J. M. Nouwen
#JHQI14T2YKV**

Read The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen for online ebook

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen books to read online.

Online The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen ebook PDF download

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Doc

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen Mobipocket

The Inner Voice of Love: A Journey Through Anguish to Freedom By Henri J. M. Nouwen EPub