

# Living with Joy: Keys to Personal Power and Spiritual Transformation (Earth Life Series)

By Sanaya Roman

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### An Internationally Bestselling Orin Book

Channel Sanaya Roman presents *Living with Joy*, given to her by Orin, a timeless being of love and light. In the tradition of Jane Roberts, Esther Hicks, and Edgar Cayce, gifted channel Sanaya Roman presents *Living with Joy*, given to her by Orin, a timeless being of love and light. This wise and gentle spirit teacher offers a systematic course in spiritual growth through this book.

This *Living with Joy* revised and updated 25th Anniversary Edition includes:

- \* New channeled information
- \* Over 300 new Joy Affirmations
- \* 18 new Daily Joy Practices for an uplifting day
- \* Stories from our readers

The spiritual truths and transformative meditations and exercises in these pages have opened hundreds of thousands of people to their greater potential.

With the guidance of this bestselling classic, you can see immediate results in your life when you learn to:

- \* Love and appreciate yourself
- \* Open to receive
- \* Experience more self-confidence and self-esteem
- \* Live in higher purpose
- \* Take a quantum leap in any area
- \* Change negatives into positives
- \* Gain clarity in your relationships
- \* Increase your sense of aliveness and well-being

You can live a life that fulfills you. You can radiate love; be compassionate and forgiving; feel inner peace; open to receive; take a quantum leap; and live in

higher purpose. You can experience more joy as you increase your self-respect, self-esteem, and self-worth; experience more balance, stability, and security; embrace the new; and discover your higher purpose.

Orin guides you into the art of self-love, where you can accept yourself as you are right now, release guilt, examine how your beliefs about reality create your experience, and open to the love others have for you. Orin discusses the nature and power of love to transform your life.

You will look at how to achieve balance, stability and security; gain more clarity; embrace the new; and discover and draw to you your higher purpose. You will discover more about how to create freedom, to value yourself and where you put your time, and believe that what you love to do is your higher purpose.

You will connect with the power and love of your soul, your innermost self. Orin guides you to recognize who you are, to develop positive pictures about yourself, and how to bring out the higher wisdom, love, and nature of the true self that lies within you.

The images you send out about yourself determine how other people view you and treat you. You will explore the images of yourself that you are holding and broadcasting to others. Orin discusses the value of becoming the authority of what is good for you rather than making other people and their opinions determine your self-worth.

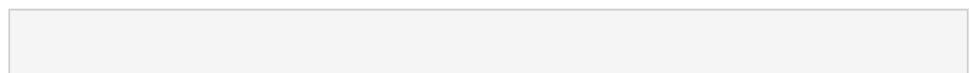
In this book Orin talks about how to have more, believe you can create what you want, open to receive even more than you have ever allowed into your life, and discover the power of appreciation, gratitude, and the law of increase.

You can stop being affected by the world around you. Orin guides you to feeling more inner peace through connecting with your deeper self, and how to stop being affected by the world and instead to positively affect it with your peace.

You can live a life filled with happiness and aliveness as you follow your path of joy. You can learn to create what you want and take a quantum leap in every area of your life, changing your reality and what you experience. You can live a life doing those things you love to do, feel joyful, and bring joy to everyone around you as you do.

You live in a limitless world, and you can expand beyond anything you know. Fill your thoughts with what you want and you will have it. Believe in abundance, trust that the universe is friendly, and sound your soul's note of joy as you read and explore how to live with joy.

Sanaya and Orin invite you to choose joy, release struggle, and open to the power of your innermost being.



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### Editorial Review

#### Review

The *Earth Life Series* is a trilogy of books that I must confess I did not read in their proper order. I didn't discover the series until I received the proof copy of *Spiritual Growth*, the last book in the series, and read it from cover to cover. Unlike some channels whose messages seem to need hours of decoding, Orin's language is crystal clear. For an example, see page 32 of the March/April 1989 issue of *Body Mind Spirit*.

I then went on to read the first two books in the series, *Living with Joy* and *Personal Power Through Awareness*. Surprisingly there is no duplication of information. Orin's ideas remain clear, concise and eminently practical. An astonishing array of life situations are exposed and opened to light with a compassionate understanding of the human condition. Orin's suggestions are laced with examples and stories that help the reader see how they work. Each chapter is followed by worksheets and meditations so the lessons can be immediately put into practice.

The meditations help to open pathways for the teachings to be absorbed. The teachings, in turn, augment the meditation experience so together they work to bring about change.

I found that the writing always seemed new, which to me, is a sure sign of spiritual depth. When I reread sections weeks later they seemed quite different. Of course, they were the same; it was I who had changed. Some teachings that had seemed difficult were now obvious and I realized how powerful many of the exercises had been. It is not that the information was new, only that it had been presented with a simplicity that allowed it to be grasped at many different levels.

It is this very simplicity combined with unerring guidance to the highest good that make the *Earth Life Series* a powerful light along whichever path of growth you choose. -- *Body Mind Spirit* magazine, October 1989

#### From the Publisher

To our readers: The books we publish are our contribution to an emerging world based on cooperation rather than on competition, on affirmation of the human spirit rather than on self-doubt, and on the certainty that all humanity is connected. Our goal is to touch as many lives as possible with a message of hope for a better world. - Hal and Linda Kramer, Publishers

#### From the Back Cover

"I like this book because it describes the way I feel about so many things." (Virginia Satir, world-renowned family therapist, educator, and author of *Peoplemaking*) See immediate results in your life when you learn to

Open your heart,

Create what you want without struggle,

Discover your life purpose,

Take a quantum leap in any area,

Change negatives into positives,

Gain clarity in your relationships,

Increase your sense of aliveness and well-being *Living with Joy* was given to Sanaya Roman by Orin, a timeless being of love and light. This wise and gentle spirit teacher, who has already opened millions of people to their greater potential, presents a systematic course in spiritual growth that will help you transform your life, discover your personal power, and awaken to the truth of who you really are. In the tradition of Jane Roberts and Edgar Cayce, Sanaya Roman joins the ranks of gifted channels.

## **Users Review**

### **From reader reviews:**

#### **Gayle Stalder:**

Would you one of the book lovers? If yes, do you ever feeling doubt when you find yourself in the book store? Aim to pick one book that you just dont know the inside because don't determine book by its handle may doesn't work this is difficult job because you are frightened that the inside maybe not as fantastic as in the outside appear likes. Maybe you answer is usually *Living with Joy: Keys to Personal Power and Spiritual Transformation (Earth Life Series)* why because the wonderful cover that make you consider in regards to the content will not disappooint an individual. The inside or content is actually fantastic as the outside or even cover. Your reading 6th sense will directly show you to pick up this book.

#### **Cheryl Grosvenor:**

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#### **Ruth Frye:**

Don't be worry for anyone who is afraid that this book will filled the space in your house, you might have it in e-book technique, more simple and reachable. This kind of *Living with Joy: Keys to Personal Power and Spiritual Transformation (Earth Life Series)* can give you a lot of close friends because by you looking at this one book you have point that they don't and make you actually more like an interesting person. This particular book can be one of one step for you to get success. This e-book offer you information that possibly your friend doesn't recognize, by knowing more than other make you to be great persons. So , why hesitate? Let us have *Living with Joy: Keys to Personal Power and Spiritual Transformation (Earth Life Series)*.

#### **Kent Walker:**

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