

# The Art of Helping: What to Say and Do When Someone is Hurting

By Lauren Littauer Briggs



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The Art of Helping addresses thirty of the most common heartaches people face and takes away your fear of involvement by helping you understand what people are most likely feeling and going through. Lauren offers practical help with a list of things to say—and what not to say. The Art of Helping gives you examples of ways others have offered creative and heartfelt support and comfort. There is also a section of sample prayers that help the brokenhearted feel and experience the grace, healing, and comfort of a loving and compassionate God. This book is a practical, hands-on guide in any difficult situation.

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#### **Editorial Review**

#### About the Author

Lauren Littauer Briggs has been referred to as a Someone is Hurting true "Renaissance Woman"; multitalented, accomplished, and credentialed in her professional, spiritual, and everyday life. She is multi-faceted with interests in music, theater, literature, and history. Blended with her spiritual depth, her most important ability is to see heartache and concern in people's lives and minister to them compassionately. She has been helping hurting hearts for over twenty years through her writing, speaking, seminars, and various support groups. For more information go to: www.laurenbriggs.com

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#### **Joyce Jacobs:**

This The Art of Helping: What to Say and Do When Someone is Hurting book is simply not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is information inside this publication incredible fresh, you will get facts which is getting deeper an individual read a lot of information you will get. This The Art of Helping: What to Say and Do When Someone is Hurting without we recognize teach the one who reading it become critical in pondering and analyzing. Don't end up being worry The Art of Helping: What to Say and Do When Someone is Hurting can bring any time you are and not make your case space or bookshelves' become full because you can have it within your lovely laptop even cell phone. This The Art of Helping: What to Say and Do When Someone is Hurting having good arrangement in word as well as layout, so you will not really feel uninterested in reading.

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