



Choosing the Simply Luxurious Life: A Modern Woman's Guide

By Shannon Ables

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Choosing the Simply Luxurious Life: A Modern Woman's Guide By Shannon Ables

How can you have a rich and fulfilling life? The choices you make, not your income or financial assets, are the most powerful determining factor for your quality of life. Women have never had so many options. Yet we often experience a kind of paralysis, an unconscious willingness to follow societal dictates rather than become the CEOs of our own lives. When we mindlessly follow the dots, we smother our innate gifts and miss opportunities to fulfill our true potential. There is another way—choosing to live a simply luxurious life. This book will show you how to invest your time and what to eliminate from your life. It will enable you to:

- Design a life of purpose that is aligned with your passions and talents
- Become financially independent
- Enjoy cultivating a healthy mind and body
- Build and maintain strong, loving relationships
- Create a chic, timeless signature style
- Design a comfortable home that is a true sanctuary
- Travel in comfort and style
- Discover simple pleasures that make each day something to look forward to

You can curate the life of your dreams by being purposeful and selective, no matter where you live, your income, or your relationship status. Luxury and true fulfillment are ours for the having if we know where to look and how to make the right choices.

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Editorial Review

About the Author

Shannon Ables founded the internationally recognized lifestyle blog The Simply Luxurious Life in 2009 which inspired her first book - Choosing the Simply Luxurious Life: A Modern Woman's Guide. With a bachelors in English from Western Oregon University and a Masters in Education from University of Oregon, it was her study abroad experience in Angers, France, that instigated her appreciation for simple luxury - preferring quality over quantity in all areas of her life. Teaching high school English and social sciences in Oregon for more than 12 years, she also works full time on TSLI blog and is the creator and host of the podcast The Simple Sophisticate.

Users Review

From reader reviews:

David Martin:

This Choosing the Simply Luxurious Life: A Modern Woman's Guide is great guide for you because the content which can be full of information for you who have always deal with world and also have to make decision every minute. This kind of book reveal it details accurately using great plan word or we can claim no rambling sentences within it. So if you are read the idea hurriedly you can have whole data in it. Doesn't mean it only provides straight forward sentences but challenging core information with splendid delivering sentences. Having Choosing the Simply Luxurious Life: A Modern Woman's Guide in your hand like obtaining the world in your arm, information in it is not ridiculous one particular. We can say that no reserve that offer you world throughout ten or fifteen small right but this book already do that. So , it is good reading book. Hello Mr. and Mrs. stressful do you still doubt in which?

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