



## The Mastery of Love: A Practical Guide to the Art of Relationship (A Toltec Wisdom Book)

*By Don Miguel Ruiz*

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In *The Mastery of Love*, Don Miguel Ruiz illuminates the fear-based beliefs and assumptions that undermine love and lead to suffering and drama in our relationships. Using insightful stories to bring his message to life, Ruiz shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships.

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### Editorial Review

#### Review

Happiness can only come from inside of you and is the result of your love. When you are aware that no one else can make you happy, and that happiness is the result of your love, this becomes the greatest mastery of the Toltec: the Mastery of Love. --From the book

#### About the Author

**don Miguel Ruiz** is the international bestselling author of *The Four Agreements* (a *New York Times* bestseller for over a decade), *The Four Agreements Companion Book*, *The Mastery of Love*, *The Voice of Knowledge*, *The Circle of Fire*, and *The Fifth Agreement*. The teachings of Ruiz are best known for transforming complex human issues into simple common sense — a talent that has earned him millions of fans, international acclaim, and a vote of approval from Oprah Winfrey. Sales of his Toltec Wisdom Series have soared to over 10 million copies in the United States, and have been translated into more than 40 languages worldwide.

**Janet Mills** is the founder and president of Amber-Allen publishing. She is the co-author, with don Miguel Ruiz, of six books in *The Toltec Wisdom Series*, creator of “The Four Agreements for a Better Life” online course, and editor of Deepak Chopra’s bestselling title, *The Seven Spiritual Laws of Success*. Her life’s mission is to publish books of enduring beauty, integrity, and wisdom, and to inspire others to fulfill their most cherished dreams.

#### From [AudioFile](#)

The human mind is afflicted with a disease called fear--a chronic vigilance about being hurt that causes negative behaviors. The author says that awareness, freedom, and love are the essence of who we really are, and are central to the Toltec tradition, which was practiced in southern Mexico by ancient artists and scientists. There are both mental health and spiritual aspects to these teachings, which emphasize the ways we distort life's potentials and diminish our own power. Though Ruiz is an excellent and compact writer, his message of opportunity falls short of inspiring in this recording by two otherwise talented actors. The narration makes the work sound uneven and overly intellectual. T.W. © AudioFile 2006, Portland, Maine--  
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#### Fred Ashman:

The event that you get from *The Mastery of Love: A Practical Guide to the Art of Relationship (A Toltec Wisdom Book)* may be the more deep you looking the information that hide inside the words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to be aware of but *The Mastery of Love: A Practical Guide to the Art of Relationship (A Toltec Wisdom Book)* giving you buzz feeling of reading. The article writer conveys their point in specific way that can be understood by means of anyone who read that because the author of this reserve is well-known enough. This kind of book also makes your

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**Larry Murray:**

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**Rachel Kaufman:**

The book untitled The Mastery of Love: A Practical Guide to the Art of Relationship (A Toltec Wisdom Book) contain a lot of information on this. The writer explains your girlfriend idea with easy way. The language is very straightforward all the people, so do not worry, you can easy to read that. The book was written by famous author. The author will take you in the new age of literary works. It is easy to read this book because you can continue reading your smart phone, or gadget, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can open their official web-site and also order it. Have a nice read.

**Anne Corchado:**

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