



Parental Alienation, DSM-5, and ICD-11 (American Series in Behavioral Science and Law) (American Series in Behavioral Science & Law)

By William Bernet

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Parental alienation is an important phenomenon that mental health professionals should know about and thoroughly understand, especially those who work with children, adolescents, divorced adults, and adults whose parents divorced when they were children. In this book, the authors define parental alienation as a mental condition in which a child - usually one whose parents are engaged in a high-conflict divorce - allies himself or herself strongly with one parent (the preferred parent) and rejects a relationship with the other parent (the alienated parent) without legitimate justification. This process leads to a tragic outcome when the child and the alienated parent, who previously had a loving and mutually satisfying relationship, lose the nurture and joy of that relationship for many years and perhaps for their lifetimes. We estimate that 1 percent of children and adolescents in the U.S. experience parental alienation. When the phenomenon is properly recognized, this condition is preventable and treatable in many instances. The authors of this book believe that parental alienation is not simply a minor aberration in the life of a family, but a serious mental condition. Because of the false belief that the alienated parent is a dangerous or unworthy person, the child loses one of the most important relationships in his or her life. This book contains much information about the validity, reliability, and prevalence of parental alienation. It also includes a comprehensive international bibliography regarding parental alienation with more than 600 citations. In order to bring life to the definitions and the technical writing, several short clinical vignettes have been included. These vignettes are based on actual families and real events, but have been modified to protect the privacy of both the parents and children.

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Editorial Review

Review

As child psychiatrists, we often come across emotionally disturbed children from broken families in our clinical practice. Research indicates that the emotional well-being of children after parental separation and divorce can often be predicted by the relationship between parents after such a separation. Most clinicians in the field have wondered about how children deal with such dilemmas that are forcibly superimposed on their tender years. In such circumstances, it is not uncommon for children to align with one parent's viewpoint while rejecting outright the other, a phenomenon often referred to as parental alienation. The author of this book, Dr William Bernet, discusses this concept and the accompanying research, while making a fairly convincing argument to introduce this concept in DSM-5 and ICD-11. The author defines parental alienation as when a child, usually one whose parents are engaged in a high conflict divorce, allies himself or herself strongly with one parent and rejects strongly the other parent without legitimate justification (such as abuse or neglect) (p 3). On the basis of a literature review, the author argues that parental alienation may have a prevalence of around 1% of the child and adolescent population in the United States and causes significant impairment in relationships for such children. Furthermore, he suggests that failure to recognize it may lead to unnecessary delays in treatment. The author proposes that this concept needs to be recognized as such and should be included either as a psychiatric disorder or as a relational problem in our future classificatory systems. The initial chapter defines parental alienation syndrome (PAS) as a cluster of characteristic behaviors such as a campaign of denigration led by the child against the alienated parent, lack of ambivalence of the child, and extension of the denigration to family members of the alienated parent. The next chapter thoroughly reviews the 20 reasons why parental alienation should be considered as a diagnostic entity in the upcoming editions of both DSM and ICD. The author suggests that in the newer classification, the syndrome could be clustered with either attachment disorders or relational problems or lumped with the developmental disorders. He acknowledges the overlap in symptoms of parental alienation and parent-child relational problem but argues that PAS merits its own place since there are two separate parent-child relational problems manifested' one between the alienating parent and the child, and another dysfunctional relationship between the alienated parent and the child. The author advocates that by including such a diagnosis, one may be able to shed light on a serious mental condition that has a predictable course that often continues into adulthood (p 110). Making it a diagnosis will help bridge the information among different specialists and get the patient the help needed. It will also permit more research to be conducted on the topic. Dr Bernet has made an excellent attempt to shed more light on PAS, define it, help clarify the controversies around it, and facilitate its inclusion in DSM-5. He further suggests practical criteria to include it as a disorder (in Appendix A) or as a relational problem (in Appendix B). The author provides thorough evidence for the validity, reliability, and prevalence of parental alienation, supporting its integration into DSM-5 while answering the critics of this concept. --Paola Habib, MD

Users Review

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In this 21st millennium, people become competitive in most way. By being competitive currently, people have do something to make them survives, being in the middle of often the crowded place and notice through surrounding. One thing that sometimes many people have underestimated that for a while is reading. That's

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The reason why? Because this Parental Alienation, DSM-5, and ICD-11 (American Series in Behavioral Science and Law) (American Series in Behavioral Science & Law) is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will shock you with the secret that inside. Reading this book alongside it was fantastic author who also write the book in such incredible way makes the content inside easier to understand, entertaining technique but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of benefits than the other book possess such as help improving your expertise and your critical thinking approach. So , still want to hold up having that book? If I were being you I will go to the e-book store hurriedly.

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This Parental Alienation, DSM-5, and ICD-11 (American Series in Behavioral Science and Law) (American Series in Behavioral Science & Law) is completely new way for you who has interest to look for some information mainly because it relief your hunger associated with. Getting deeper you on it getting knowledge more you know or else you who still having tiny amount of digest in reading this Parental Alienation, DSM-5, and ICD-11 (American Series in Behavioral Science and Law) (American Series in Behavioral Science & Law) can be the light food for you personally because the information inside that book is easy to get by means of anyone. These books acquire itself in the form that is certainly reachable by anyone, yeah I mean in the e-book web form. People who think that in e-book form make them feel sleepy even dizzy this book is the answer. So there is no in reading a e-book especially this one. You can find what you are looking for. It should be here for you. So , don't miss that! Just read this e-book style for your better life as well as knowledge.

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