



Awaken the Inner Shaman: A Guide to the Power Path of the Heart

By Jose Stevens

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Within you is a greater, wiser self that is not bound by your fears, worries, or perceived limitations. Dr. José Luis Stevens calls this the Inner Shaman—the part of you that connects directly to the true source of the universe. "The shamans of every tradition know that the physical world we can see and touch is a mere shadow of the true spirit world," writes Dr. Stevens. With *Awaken the Inner Shaman*, he presents a direct and practical guide for opening our eyes to the greater wisdom and knowing within—and stepping into the power and responsibility we possess to shape and serve our world. In this rousing and provocative book, he invites readers to discover:

- What is the Inner Shaman? How an understanding of our deeper spiritual potential shows up in every mystical and scientific tradition.
- Seeing through the heart?why the heart offers us the most immediate path for accessing the Inner Shaman
- Illuminating the Inner Shaman through spirituality, quantum physics, medical science, and experiential knowing
- The Inner Shaman in action?how to stop living from the egoic mind and put your true essence in charge
- Eight tools to strengthen your connection to the Inner Shaman, and much more

Humanity has become enthralled by the Siren's song of technological progress, which has lured us away from the spiritual source that truly sustains us. In *Awaken the Inner Shaman*, Dr. José Stevens challenges us to reclaim our lost power to heal, see truly, and fulfill our purpose in life. As Dr. Stevens writes: "The Inner Shaman, suppressed and ignored for centuries, can be discovered in the most obvious place possible?within your own heart."

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Editorial Review

Review

“A heartfelt manual to the ancient wisdom of true joy and bliss.”

—Alberto Villoldo, PhD, bestselling author of *Shaman, Healer, Sage*

“José Stevens’ clarity on how to stop living from the egoic mind and let spirit shine through is much needed at this time. *Awaken the Inner Shaman* is filled with powerful tools to strengthen our connection to our inner spirit. A brilliant book!”

—Sandra Ingerman, MA, author of *Soul Retrieval* and *Awakening to the Spirit World*

“An important guide for readers who long to seek within themselves the means to open their hearts to the mysteries of their own lives and the greater mystery of Life Itself. ”

—Tom Cowan, author of *Yearning for the Wind: Celtic Reflections on Nature and the Soul*, *The Pocket Guide to Shamanism*, and *Fire in the Head: Shamanism and the Celtic Spirit*

“An inspirational work, and beautifully written.”

—Michael Harner, author of *The Way of the Shaman* and *Cave and Cosmos*

About the Author

José Luis Stevens

José Luis Stevens, PhD, is an international lecturer, teacher, consultant, and trainer. A psychologist, licensed clinical social worker, and author of eighteen books and e-books, as well as numerous articles, he is also on the board of the Society of Shamanic Practitioners. He is the cofounder of the Power Path School of Shamanism and the Center for Shamanic Education and Exchange. He completed a ten-year apprenticeship with a Huichol *marakame* and has studied extensively with the Shipibos of the Amazon and the Q'ero of the Andes for the last twenty years.

He has a doctorate in integral counseling from the California Institute of Integral Studies, an MSW from the University of California, Berkeley, and a BA in sociology from the University of Santa Clara, California.

He lives in Santa Fe with his wife and companion, Lena. See thepowerpath.com.

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This *Awaken the Inner Shaman: A Guide to the Power Path of the Heart* is a great guide for you because the content that is certainly full of information for you who all always deal with the world and also have to make a decision every minute. This kind of book reveals its details accurately using great plain words or we can declare no rambling sentences in it. So if you are reading the item hurriedly you can have the whole info in it. Doesn't mean it only gives you straight forward sentences but challenging core information with splendidly delivered sentences. Having *Awaken the Inner Shaman: A Guide to the Power Path of the Heart* in your hand like getting the world in your arm, data in it is not ridiculous. We can say that no book that offers you the world throughout ten or fifteen minutes right but this review already does that. So, this is certainly a good reading book. Hey there Mr. and Mrs. hectic do you still doubt in which?

Verna Tubbs:

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