



Forget Me Not: A Memoir

By Jennifer Lowe-Anker

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Forget Me Not: A Memoir By Jennifer Lowe-Anker

"Forget Me Not will stay with your forever. It is a beautifully written story of great love, great daring, great loss, and great recovery. Most of all, it is a story of great courage." - Tom Brokaw

High in the Himalaya, a world-class adventurer dies, leaving a wife, three young sons and a best friend to cope with their grief...

In 1999, well-known mountaineer, Alex Lowe, died tragically in an avalanche on the remote Himalayan Mountain Shishapangma, leaving his wife Jennifer alone to raise their three children. Alex was widely considered one of the greatest modern climbers of our time, and the world mourned his loss. Tom Brokaw interviewed Jennifer Lowe and Conrad Anker for Dateline, and Sting narrated and composed music for a tribute film, *The Endless Knot*.

While Jenni and her sons faced the absence of a husband and father, Alex's longtime climbing partner, Conrad Anker, who survived the accident that killed Lowe, faced his own grief and survivor's guilt. Jenni and Conrad gradually, and unexpectedly, found solace in each other.

Through letters and expedition notes from Alex, *Forget Me Not* spans continents and tells the story of three people whose lives intertwine to a degree they could never have imagined. Jenni's account takes readers inside a woman's heart and mind as she navigates her shattered life and survives, finding love through loss.

From the valleys of Montana, to the peaks of the Himalayas, this is the story of growing up, falling in love, finding adventure, rejoicing in parenthood, living through heartbreak, and believing in possibility -- above all else.

Readers will be spit from their armchairs, soaring across the heights of the highest peaks, and into the heart of the American west--with the voice of a soulful friend guiding their path.

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Editorial Review

Review

"Forget Me Not will stay with you forever. It is a beautifully written story of great love, great daring, great loss, and great recovery. Most of all, it is a story of great courage." --Tom Brokaw

"Forget Me Not is a moving tribute, written with candor and grace, that warms the heart and inspires the soul long after the last page is turned." --Greg Mortenson, author of Three Cups of Tea

Review

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Review

"Partly a women's memoir and partly an exotic travel adventure story."

Users Review

From reader reviews:

Mary Case:

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