

Hallelujah Diet

By George Malkmus, Peter Shockey, Stowe Shockey

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Based on a biblical foundation and years of research, statistics, and powerful testimonials—including the author’s own dramatic story—George Malkmus’ *The Hallelujah Diet* has caused people from all walks of life to stop and reconsider their daily food consumption habits.

You will experience new hope for your health as you discover:

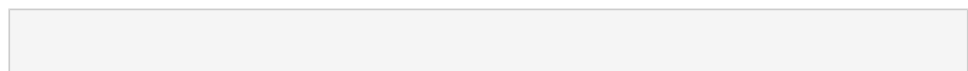
- The Biblical foundation of the diet and the power of God’s living foods.
- The role modern medicine plays in our society.
- The Hallelujah Diet® in detail, including the importance of eating living and organic foods.
- Incorporating exercise, sunlight, fresh air and clean drinking water into our lives.
- Stress and emotional balance, and the importance of getting adequate rest.
- How to make choices, set goals, and chart the course for success.

This book also includes:

- Comments by doctors attesting to the diet.
- Inspiring testimonies by people who have healed themselves of various diseases, including Cancer, Diabetes, and Depression, among others.
- Recipes, worksheets, journals, recommended reading, and much more.

Stressing the healing power of food and how its proper use restores the body to a natural, healthy state, this book provides life-changing and life-saving information, recipes, and eating plans that have been proven safe and miraculously successful. It encourages a healthy change in eating, promoting exercise, fresh air, pure water, sunshine, and rest.

Hallelujah! A diet that finally ties food and health together with common sense.



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Editorial Review

Review

Reverend George Malkmus has done it again. He motivates, teaches, and advocates people to regain their health from the consumption of God,s miraculous symphony of healing nutrients found in nature s garden. Natural plant foods unleash the big artillery to fight the war on cancer and win. ---Joel Fuhrman, M.D.

This book is another incredible resource from Dr. George Malkmus and Hallelujah Acres. I was diagnosed with advanced stage melanoma cancer during the winter of 1999. The tools you will learn as you read this book are the very truths I used to overcome a very scary diagnosis. You, too, can discover your God-given, self-healing body. Diets are temporary and so are the results. This is a lifestyle change, one that saved my life and one that I will never regret! Be encouraged as you devour this resource and the vast expanse of wonderful foods that are available to you. ---Jerrod Sessler, NASCAR Driver

About the Author

George H. Malkmus has pastored churches in New York, North Carolina, Florida, and Tennessee, and founded both a Christian school and a Bible Institute. His radio broadcast, "America Needs Christ," aired for more than 15 years. He is the author of three books, publishes a bi-monthly health magazine read by over a half million people, and writes a weekly newsletter, *The Hallelujah Health Tip*, received by more than 60,000 subscribers. In addition, Malkmus appears regularly on television and radio shows, and conducts health seminars throughout the country. His website, www.hacres.com contains over 200 hours of nutritional information from a Biblical perspective.

Users Review

From reader reviews:

Mary Davis:

Nowadays reading books become more and more than want or need but also be a life style. This reading behavior give you lot of advantages. The benefits you got of course the knowledge even the information inside the book this improve your knowledge and information. The data you get based on what kind of guide you read, if you want get more knowledge just go with knowledge books but if you want experience happy read one along with theme for entertaining like comic or novel. Typically the Hallelujah Diet is kind of reserve which is giving the reader unstable experience.

Amanda Bell:

The reserve untitled Hallelujah Diet is the guide that recommended to you to see. You can see the quality of the reserve content that will be shown to you. The language that author use to explained their ideas are easily to understand. The article author was did a lot of study when write the book, hence the information that they share for you is absolutely accurate. You also will get the e-book of Hallelujah Diet from the publisher to make you far more enjoy free time.

Wanda Pence:

On this era which is the greater individual or who has ability to do something more are more special than other. Do you want to become certainly one of it? It is just simple method to have that. What you must do is just spending your time little but quite enough to enjoy a look at some books. Among the books in the top listing in your reading list is usually Hallelujah Diet. This book and that is qualified as The Hungry Inclines can get you closer in turning out to be precious person. By looking upwards and review this guide you can get many advantages.

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