



The Stoic Life: Emotions, Duties, and Fate

By Tad Brennan

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Tad Brennan explains how to live the Stoic life--and why we might want to. Stoicism has been one of the main currents of thought in Western civilization for two thousand years: Brennan offers a fascinating guide through the ethical ideas of the original Stoic philosophers, and shows how valuable these ideas remain today, both intellectually and in practice. He writes in a lively informal style which will bring Stoicism to life for readers who are new to ancient philosophy. *The Stoic Life* will also be of great interest to philosophers and classicists seeking a full understanding of the intellectual legacy of the Stoics.

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Review

"Brennan's book is an unusual specimen: a scholarly book that is hard to put down.... Highly recommended."--*CHOICE*

About the Author

Tad Brennan is Professor of Philosophy at Northwestern University.

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