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By Ian Maitin

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Includes timely chapters on sports, trauma, cardiac, and spinal rehabilitation

Covers therapeutic exercise and treatment modalities for pain and dysfunction

- Presents a practical approach to the physical medicine and rehabilitation patient, including common pathologies and complications
- Focuses on the clinical aspects of physical medicine and rehabilitation with an emphasis on evidence-based medicine
- Lays down a foundation of anatomy, kinesiology, and biomechanics before progressing to therapeutic exercise and modalities
- Reviews diagnostic and therapeutic procedures performed by physicians such as electrodiagnostics, musculoskeletal ultrasound, and spine and joint injections
- Concludes with a comprehensive review of major primary care issues

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About the Author

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