



## How Full Is Your Bucket?: Expanded Anniversary Edition

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### How Full Is Your Bucket?: Expanded Anniversary Edition By Gallup Press

Expanded Anniversary Edition..."How Full Is Your Bucket?" reveals how even the briefest interactions affect your relationships, productivity, health, and longevity. Organized around a simple metaphor of a dipper and a bucket, and grounded in 50 years of research, this book will show you how to greatly increase the positive moments in your work and your life -- while reducing the negative. Filled with discoveries, powerful strategies, and engaging stories, "How Full Is Your Bucket?" is sure to inspire lasting changes and has all the makings of a timeless classic.

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