

Power Thoughts: 12 Strategies to Win the Battle of the Mind

By Joyce Meyer

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Joyce Meyer has a knack for coining phrases-her fans call them "Joyceisms"-and one of her best loved is "Where the mind goes, the man follows." This was the basis for *Battlefield of the Mind*, and in her latest book, Meyer provides "power thoughts," bringing the reader to a new level of ability to use the mind as a tool to achievement.

In POWER THOUGHTS, she outlines a flexible program to turn thoughts into habits, and habits into success. Sections include:

- The Power of a Positive You
- 5 Rules for Keeping Your Attitude at the Right Altitude
- More Power To You bulleted keys to successful thinking in each chapter
- The Power of Perspective

Nobody has more of a "can-do" attitude than Joyce Meyer. Now you can, too.

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Editorial Review

From Publishers Weekly

Bestselling author and TV preacher Meyer takes a step beyond her bestseller *Battlefield of the Mind*. She offers a 12-step program to help readers conquer the negativity that naturally plagues the mind, leaving readers free to enjoy life and pursue their goals. Using themes from other books in her ample catalogue--worry, perseverance, managing emotions--Meyer breaks her suggestions into several digestible lists, backed by a "Power Pack" of Bible verses at the end of each chapter. She offers enthusiastic encouragement, but also requires action, here in the form of practice, discipline, and continual meditation on the 12 motivational thoughts. Critics of the positive thinking movement (Meyer obliquely acknowledges a debt to the pioneering Norman Vincent Peale) will continue to find downsides in this book, among them failure to sufficiently acknowledge the pain of suffering and an ignorance of intractable mental illness. Critics of Meyer will say she sounds like an infomercial ("You will see amazing results"). Yet her many fans will continue to appreciate her upbeat attitude and her ability to offer practical tips on the toughest topics.

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About the Author

Joyce Meyer is one of the world's leading practical Bible teachers, with her TV and radio broadcast, *Enjoying Everyday Life*, airing on nearly 450 television networks and 400 radio stations worldwide, including ABC Family Channel, Trinity Broadcast Network, Daystar, and the Word Network. Her bestselling books include *Battlefield of the Mind*, *Look Great, Feel Great*, *The Confident Woman*, *I Dare You*, and *Never Give Up!*

Joyce holds conferences approximately 15 times each year, worldwide, speaking to thousands.

Users Review

From reader reviews:

Michael Harmon:

Why don't make it to become your habit? Right now, try to prepare your time to do the important behave, like looking for your favorite reserve and reading a book. Beside you can solve your condition; you can add your knowledge by the guide entitled *Power Thoughts: 12 Strategies to Win the Battle of the Mind*. Try to the actual book *Power Thoughts: 12 Strategies to Win the Battle of the Mind* as your pal. It means that it can to become your friend when you really feel alone and beside that of course make you smarter than previously. Yeah, it is very fortunated for you personally. The book makes you considerably more confidence because you can know almost everything by the book. So , let's make new experience in addition to knowledge with this book.

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Stacy Vincent:

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Justin Belz:

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