



# Rehabilitation Techniques for Sports Medicine and Athletic Training (Rehabilitation Techniques in Sports Medicine (Prentice Hall))

By William E Prentice PhD ATC PT FNATA

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**Rehabilitation Techniques for Sports Medicine and Athletic Training (Rehabilitation Techniques in Sports Medicine (Prentice Hall))** By William E Prentice PhD ATC PT FNATA

*Rehabilitation Techniques for Sports Medicine and Athletic Training, Sixth Edition* is a comprehensive reference written for the athletic training student who is interested in gaining more in-depth exposure to the theory and practical application of rehabilitation techniques used in a sports medicine environment.

Dr. William Prentice and his contributors have collectively combined their expertise and knowledge to produce a single text that encompasses all aspects of sports medicine rehabilitation. This new Sixth Edition provides the athletic trainer with a complete guide to the design, implementation, and supervision of rehabilitation programs for sport-related injuries.

*Rehabilitation Techniques for Sports Medicine and Athletic Training, Sixth Edition* is intended for athletic trainers that deal with practical application of theory in a clinical setting. While a number of texts are available on the subject of rehabilitation of injury in various patient populations, *Rehabilitation Techniques for Sports Medicine and Athletic Training, Sixth Edition* concentrates exclusively on the application of rehabilitation techniques in a sport-related setting for a unique sports medicine emphasis.

#### **New in the Sixth Edition:**

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***Rehabilitation Techniques for Sports Medicine and Athletic Training, Sixth Edition*** is the perfect resource for athletic training students, faculty, and clinicians; physical therapists who manage rehabilitation programs for sports-related injuries; as well as for strength and conditioning coaches who supervise performance enhancement programs on return to play.

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## **Editorial Review**

### Review

“The first 10 chapters are particularly impressive, providing a good foundation in rehabilitation and how to achieve rehabilitation goals. The best part is the approach the author takes in helping entry level clinicians understand rehabilitation and how to properly implement rehabilitation protocols with patients. The book and its supporting resources are well presented, giving readers a concrete and straightforward approach to learn about this field. It is one of the best resources on rehabilitation in sports medicine/athletic training. It gets my vote every time. “

- Ernest G. Eugene, MS, BS, *Virginia Tech, Doody's Review Service*

### About the Author

William E. Prentice, PhD, PT, ATC, FNATA is recognized as an author, educator, and clinician. He received both BS and MS degrees from the University of Delaware, a PhD degree in sports medicine and applied physiology from the University of Virginia, and BSPT degree in physical therapy from the University of North Carolina. He is a Professor in the Department of Exercise and Sport Science, and has served as the Program Director of the NATA Accredited Post-Professional Athletic Training Education Program at the University of North Carolina at Chapel Hill since 1980. He started his career as an Assistant Athletic Trainer at Temple University prior to beginning his PhD at Virginia. He also served for 10 years as the Director of Sports Medicine Education for the Healthsouth Corporation.

Dr. Prentice is the author of 49 editions of nine different textbooks most notably Principles of Athletic Training, Essentials of Athletic Injury Management, Athletic Training: An Introduction to Professional Practice, Therapeutic Modalities in Sports Medicine and Athletic Training, Rehabilitation Techniques in Sports Medicine and Athletic Training, Therapeutic Modalities for Physical Therapists, Musculoskeletal Intervention: Techniques for Therapeutic Exercise, and Get Fit, StayFit. He has published more than 95 journal articles and abstracts, and has made more than 200 lectures and presentations. Prentice served as the athletic trainer for the Women's Soccer Program at the University of North Carolina for 26 years since 1980 and during that period the team won 17 NCAA and 1 AIAW National Championships.

Dr. Prentice has been the recipient of numerous awards from the NATA, including most notably the Sayers "Bud" Miller Distinguished Athletic Training Educator Award in 1999; the Educational Multimedia Committee Videotape Production Award in 1997; and the Most Distinguished Athletic Trainer Award in 1999. In 2004, Dr. Prentice was inducted into the National Athletic Trainers Association's Hall of Fame. In 2006, the NATA established the William E. Prentice Scholarship that is presented annually in his name. In 2008, Dr. Prentice was selected in the inaugural class as an NATA Fellow. In 2012, Dr. Prentice was inducted into the Mid-Atlantic Athletic Trainer's Association Hall of Fame.

## **Users Review**

### **From reader reviews:**

**Eric Overbay:**

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