



The Skilled Helper: A Problem Management and Opportunity-Development Approach to Helping, 9th Edition

By Gerard Egan

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Emphasizing the collaborative nature of the therapist-client relationship, THE SKILLED HELPER is internationally recognized for its successful problem-management and opportunity development approach to effective helping, using a practical, three-stage model. In this new ninth edition, Egan continues to build upon the "positive psychology", solution-focused theme by adding insightful new discussions on evidence-based practice, research, and philosophical perspectives.

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Editorial Review

About the Author

Gerard Egan, Ph.D., is Emeritus Professor of Psychology and Organizational Studies at Loyola University of Chicago. He has written over a dozen books and currently writes in the areas of communication, counseling, business and organization effectiveness, management development, leadership, the management of innovation and change, and organization politics and culture. He also conducts workshops in these areas both in the United States and abroad and is a consultant at a variety of companies and institutions worldwide.

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