



Relationships: How to Make Bad Relationships Better and Good Relationships Great

By Les Parrott, Leslie Parrott

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Today more than ever, people long for connection. Relationships is an honest and timely guide to forming the rich relationships that are life's greatest treasure. Heading below the surface to the depths of human interactions, relationship experts Les and Leslie Parrott show how to make bad relationships better and good relationships great. Here are the tools you need to handle tough times and to really succeed at forging strong, rewarding relationships with friends, with the opposite sex, with family, and with God. This cutting-edge book will help you understand * Who you are and what you bring to your relationships * How your family of origin shapes the way you relate to others * How to bridge the gender gap and learn the language of the opposite sex * Tips for building friendships that last * Secrets to finding the love you long for and to handling sexual issues (How to handle failed friendships and breakups without falling apart * How to relate to God without feeling phony In a high-tech world, Relationships offers a high-touch solution to a better life.

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Editorial Review

From the Publisher

Today more than ever, people long for connection. The Relationships Groupware helps people build strong, lasting bonds. In 6 sessions, relationship experts Les and Leslie Parrott take participants below the surface to the depths of building vital, satisfying connections. Drawing on the latest research, they provide cutting-edge tools to handle hard times and to really succeed at forging strong, rewarding relationships with friends, with the opposite sex, with family, and with God. Besides a brief message to group leaders and a promotional section for recruitment purposes, the 60-minute video includes 6 discussion jump-starts by the Parrotts. Introducing key concepts, these provide insightful, stimulating introductions to the following sessions: The Compulsion for Completion Keeping Family Ties from Pulling Strings Crossing the Gender Line Friends to Die For What to Do When Friends Fail? Relating to God Without Feeling Phony These hour-long interactive sessions will help participants learn who they are and what they bring into relationships, learn the language of the opposite sex, build friendships that last, handle breakups without falling apart, build a deep relationship with God, and more.

From the Author

Drs. Les and Leslie Parrott are co-directors of the Center for Relationship Development at Seattle Pacific University, a groundbreaking program dedicated to teaching the basics of a good relationship. Les Parrott is a professor of clinical psychology, and Leslie is a marriage and family therapist, both at SPU. The Parrotts are authors of *Saving Your Marriage Before It Starts*, *The Marriage Mentor Manual*, *Mentoring Engaged and Newlywed Couples* (video Groupware kit), *Questions Couples Ask*, *Like a Kiss on the Lips*, *Getting Ready for the Wedding*, and *Relationships*. They are frequent guest speakers and have written for a variety of magazines. Their relationship work has been featured in *USA Today* and the *New York Times* as well as on *CNN*, *Good Morning America*, and *Oprah*

From the Back Cover

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In a high-tech world, *Relationships* offers a high-touch solution to a better life.

Users Review

From reader reviews:

Maurice Miller:

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Troy Cochran:

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Kathleen Jones:

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